

(To best serve you, please fill out as completely as possible)

Date _____
Name _____
Address _____
City _____ State _____ Zip _____
Date of Birth _____ Age _____
Email (clearly please) _____
Whom may we thank for referring you to us? _____

Best Phone Number _____
Married _____ Single _____ Name of Spouse / Partner _____
Medicare Coverage _____ Yes _____ No _____ Insur. Co.: _____
Occupation _____ Employer _____

I authorize your office to contact me via the above for appointment texts, general communication, products, services, promotions, special events, health topics, etc.

Signature _____

You/Family history- stroke/heart attack/vascular disease? Yes _____ No _____
Smoking History? Heavy / Mild Use Birth Control Pills? Yes _____ No _____
List dates- surgeries, significant trauma or history: _____

Top Reason for today's visit: _____
Do you think your cause of pain is : DISC _____ MUSCLE _____ JOINT _____
NERVE _____ INFLAMMATION _____ OVERWEIGHT _____ WEAR & TEAR _____
Areas of interest: Less Pain _____ Weight Loss _____ Neuropathy _____ Disc Decompression _____

List all medications and over the counters you are taking. Medication: _____ Medication: _____ Medication: _____

Have you ever been to a chiropractor? Yes _____ No _____ Last Visit _____ Results _____

Any diagnostics for this condition? MRI: _____ X-rays: _____ Other: _____ Other doctors consulted for this? _____

Treatments received for this condition? Medications Over the counters Physical Therapy Chiropractic Injections Surgery Muscle Treatment Other: _____

How important is getting help with your current condition to you? 1(low) - 10(high): _____ Hobbies: _____

Have you been told that you have Disc Degeneration, Bulging/Herniated Discs or other disc conditions? Yes _____ No _____

What types of care are you interested in?
RELIEF CARE _____ REPAIR/CORRECTIVE CARE _____ WELLNESS CARE _____ What the DOCTOR RECOMMENDS _____

- | | | | |
|--------------------------------------|---|----------------------------|---|
| History of: (check all that apply) | _____ Joint Stiffness | _____ Lumps / Masses | _____ Bladder / Bowel Control |
| _____ Arthritis or concerns of | _____ Grating in the Neck or Back | _____ Weight Gain | _____ Knee Pain |
| _____ Diabetes or Higher Blood Sugar | _____ Candida/Yeast problems | _____ Abnormal Weight Loss | _____ Bloating/Constipation/Diarrhea/Gas |
| _____ Cancer: | _____ Head Feels Heavy or Dizziness | _____ Numbness / Tingling | _____ High Blood Pressure / Stroke / Heart |
| _____ Fractures: | _____ Muscle Spasms | _____ Fever | _____ Aortic or Abdominal Aneurism |
| _____ Disc Problems | _____ Neck Pain/Mid Back Pain | _____ Weakness / Fatigue | _____ Alcohol, Smoke, Drug, Food Abuse |
| _____ Headaches | _____ Low Back Pain | _____ Loss of Sleep | _____ Arterial Sclerosis / High Cholesterol |
| _____ Osteoporosis | _____ Fibromyalgia or Reoccurring Body Pain | _____ Muscle Pain | _____ Swelling / Inflammation |

Any other conditions that you have been diagnosed with. Also, any significant family health history: _____

What is most important element for you in deciding to use our services? Circle **ONLY ONE** of the four.

EFFECTIVENESS: "My results are my top priority" TIME: "I want results quickly" AFFORDABILITY: "What you charge is my concern" SERVICE: "Extra support for health"

I understand that my entire patient record will remain completely confidential and will not be released without express written consent from me. Fees for services are due and payable at the time of service, unless other arrangements have been made. I have received and agree to the current copy "Notice of Privacy Practices".

Signature _____ Date _____

#1 Primary Symptom *(choose one below)*

Choose ONLY 1 of 8 below:

1. Headache

2. Neck Pain

3. Left Right Arm Pain

4. Mid / Upper Back Pain

5. Low Back Pain

6. Left Right Leg Pain

7. Hip Pain 8. Other:

0 = No Pain 5 = Moderate 10 = Intense

Severity Right Now 0 -10: _____

When it is at its Worst 0-10: _____

Please check all that apply:

Occasional Intermittent

Frequent Constant

Dull Sharp

Burning Stiffness/Tightness

Ache Throbbing

Shooting Numbness

Tingling Spasms

1st Started: Days Weeks

Months Years

Cause(s):

What Aggravates It / Limitations:

Nothing Lying Down

Standing Sitting

Movement Rest

Coughing Sneezing

Getting out of bed Bending

Stress Stairs

Getting up from sit Walking

In/Out of car Lifting

Sleeping Work

Recreation Reaching

Reading Social Life

What Relieves It?

It's Getting Better Worse Same

#2 Second Symptom *(choose one below)*

Choose ONLY 1 of 8 below:

1. Headache

2. Neck Pain

3. Left Right Arm Pain

4. Mid / Upper Back Pain

5. Low Back Pain

6. Left Right Leg Pain

7. Hip Pain 8. Other:

0 = No Pain 5 = Moderate 10 = Intense

Severity Right Now 0 -10: _____

When it is at its Worst 0-10: _____

Please check all that apply:

Occasional Intermittent

Frequent Constant

Dull Sharp

Burning Stiffness/Tightness

Ache Throbbing

Shooting Numbness

Tingling Spasms

Onset: Days Weeks

Months Years

Cause(s):

What Aggravates It / Limitations:

Nothing Lying Down

Standing Sitting

Movement Rest

Coughing Sneezing

Getting out of bed Bending

Stress Stairs

Getting up from sit Walking

In/Out of car Lifting

Sleeping Work

Recreation Reaching

Reading Social Life

What Relieves It?

It's Getting Better Worse Same

#3 Third Symptom *(choose one below)*

Choose ONLY 1 of 8 below:

1. Headache

2. Neck Pain

3. Left Right Arm Pain

4. Mid / Upper Back Pain

5. Low Back Pain

6. Left Right Leg Pain

7. Hip Pain 8. Other:

0 = No Pain 5 = Moderate 10 = Intense

Severity Right Now 0 -10: _____

When it is at its Worst 0-10: _____

Please check all that apply:

Occasional Intermittent

Frequent Constant

Dull Sharp

Burning Stiffness/Tightness

Ache Throbbing

Shooting Numbness

Tingling Spasms

Onset: Days Weeks

Months Years

Cause(s):

What Aggravates It / Limitations:

Nothing Lying Down

Standing Sitting

Movement Rest

Coughing Sneezing

Getting out of bed Bending

Stress Stairs

Getting up from sit Walking

In/Out of car Lifting

Sleeping Work

Recreation Reaching

Reading Social Life

What Relieves It?

It's Getting Better Worse Same

#4 Fourth Symptom (choose one below)

- Headache
- Neck Pain
- Left Right Arm Pain
- Mid / Upper Back Pain
- Low Back Pain
- Left Right Leg Pain
- Hip Pain

Other:

0 = No Pain 5 = Moderate 10 = Intense

Severity Right Now 0 -10:

When it is at its Worst 0-10:

- Occasional Intermittent
- Frequent Constant
- Dull Sharp
- Burning Stiffness/Tightness
- Ache Throbbing
- Shooting Numbness
- Tingling Spasms

1st Started: Days Weeks
 Months Years

Cause(s):

What Aggravates It / Limitations:

- Nothing Lying Down
- Standing Sitting
- Movement Rest
- Coughing Sneezing
- Getting out of bed Bending
- Stress Stairs
- Getting up from sit Walking
- In/Out of car Lifting
- Sleeping Work
- Recreation Reaching
- Reading Social Life

What Relieves It?

It's Getting Better Worse Same

#5 Fifth Symptom (choose one below)

- Headache
- Neck Pain
- Left Right Arm Pain
- Mid / Upper Back Pain
- Low Back Pain
- Left Right Leg Pain
- Hip Pain

Other:

0 = No Pain 5 = Moderate 10 = Intense

Severity Right Now 0 -10:

When it is at its Worst 0-10:

- Occasional Intermittent
- Frequent Constant
- Dull Sharp
- Burning Stiffness/Tightness
- Ache Throbbing
- Shooting Numbness
- Tingling Spasms

1st Started: Days Weeks
 Months Years

Cause(s):

What Aggravates It / Limitations:

- Nothing Lying Down
- Standing Sitting
- Movement Rest
- Coughing Sneezing
- Getting out of bed Bending
- Stress Stairs
- Getting up from sit Walking
- In/Out of car Lifting
- Sleeping Work
- Recreation Reaching
- Reading Social Life

What Relieves It?

It's Getting Better Worse Same

#6 Sixth Symptom (choose one below)

- Headache
- Neck Pain
- Left Right Arm Pain
- Mid / Upper Back Pain
- Low Back Pain
- Left Right Leg Pain
- Hip Pain

Other:

0 = No Pain 5 = Moderate 10 = Intense

Severity Right Now 0 -10:

When it is at its Worst 0-10:

- Occasional Intermittent
- Frequent Constant
- Dull Sharp
- Burning Stiffness/Tightness
- Ache Throbbing
- Shooting Numbness
- Tingling Spasms

1st Started: Days Weeks
 Months Years

Cause(s):

What Aggravates It / Limitations:

- Nothing Lying Down
- Standing Sitting
- Movement Rest
- Coughing Sneezing
- Getting out of bed Bending
- Stress Stairs
- Getting up from sit Walking
- In/Out of car Lifting
- Sleeping Work
- Recreation Reaching
- Reading Social Life

What Relieves It?

It's Getting Better Worse Same